

ANTI-AGING THERAPY FOR PROFESSIONALS AND THEIR FAMILIES



Luna Living

DETOX • REJUVENATE • TRANSFORM

Our hectic and stressful lifestyle, eating habits, and low energy food sources have created the perfect storm leaving most of us vulnerable to essential nutrient depletion, oxidative stress, and other biochemical imbalance. Cellular fatigue can't be airbrushed or "lifted" away. Anti-Aging is an inside job.

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I V N A D +

QUANTUM BRAIN CLEANSE™

Our signature treatment nourishes the brain with essential nutrients and adequate fluids to allow the body's toxin elimination from the organs directly involved: the brain, liver, kidneys and intestinal tract. This anti-aging protocol involves an IV infusion of high doses of NAD+, a compound naturally present in the body, which may be depleted by aging, stress, and diseased cellular conditions. Quantum Brain Cleanse does not replace lifestyle modification, eating nutritional foods, proper hydration and getting adequate sleep needed to support health.

C O E N Z Y M E N A D

NAD appears to fuel a group of genes called sirtuins that are involved in mitochondrial function. Mitochondria are the "powerhouse" of the cell and where ATP (energy) is produced. Sirtuins are important in cell signaling, so when NAD levels are low, cell signaling is disrupted leading to mitochondrial dysfunction. Currently research at Harvard and other universities is focusing on how NAD may be a key factor in preventing and treating mitochondrial dysfunction.

As we age NAD levels fluctuate in response to stress and these fluctuations are associated with cellular abnormalities. When mitochondrial networks are damaged, free radicals, inflammation, glycation and oxidative stress result. Researchers have observed in mice and yeast cells, that lower NAD levels are associated with aging. Giving therapeutic doses of NAD+ may improve signaling and encourage fitness from the inside out.



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Luna Living is a CARF accredited partial hospitalization and outpatient facility for substance use disorders and intensive outpatient mental health care.