

DETOX IN 10 DAYS

IMPROVE HEALTH AND RESILIENCY

RESTORE PERSONAL POWER

YOUR TICKET TO FREEDOM



World-class **Recovery Treatment Center**
Outpatient Medical Detox
 No Suboxone
Comforting Ambience
Non-judgmental Acceptance
A Sustainable Lifestyle



END TRIGGERS THAT CAUSE RELAPSE

CREATE AND LEAD AN EXTRAORDINARY LIFE

Addiction hijacks the brain of 23M Americans, killing 15 people every hour.

Luna Living is a world class outpatient recovery center. A place of hope and inspiration, where an experienced medical and clinical team works with you to make the hope of sobriety a reality.

Our 90 day addiction recovery program, which includes a 10-day outpatient medical detox, targets two areas: biochemical recovery and trauma/stress recovery. Our approach is designed to address all aspects of addiction and its consequences to the individual, family, and society.

EVIDENCE BASED ADDICTION TREATMENT AND IV NAD+ THERAPY

Luna Living's treatment program for addiction combines evidence based standards of care with the added novel approach of NAD infusion therapy which effectively neutralizes withdrawal symptoms to such a dramatic extent that most clients can be successfully managed as outpatients from Day 1 of their enrollment in the program.

*Dariush Saghafi, MD
 Chief Neurologist- Parma Neurology
 Director, Headache Clinic - VA Medical Ctr*

At Luna Living we use NAD+ therapy along with traditional detox medications, however, the addition of NAD+ decreases the need for many traditional medications, including benzodiazepines. Withdrawal symptoms, while not alleviated, are significantly lessened with the use of NAD+, allowing the person to begin the psychologic aspect of recovery much sooner. It also prevents the substitution of one addictive drug for another, as we do not need to use significant amounts of Suboxone or Ativan in the detox.

*Wendy Cicek, MD - Medical Director
 Luna Living Recovery Center*

TESTIMONIALS

This was my first detox. I'm doing very well. No relapse or even strong urges anymore. Exercising every day and have changed my eating habits. I'm still heavy on nicorette but overall I feel like a new man.

Male - addicted to oxycontin

I just wanted to say how sincerely grateful I am. I've been to treatment in three other places but Luna allowed me to see my worth when I didn't think I had any. Luna Living is God ordained, and you're a gift to this world. I thank you for sitting with me and giving me love. What a gift! The care you've provided goes beyond and I feel it. Please know, you have changed my life. Thank you!

Female - alcoholic

After 30 days I had a lapse. I fell back into that horrible dark place of such disappointment, shame, guilt and self-hatred. I was ready to give up. Thank you Luna for creating a judgement-free zone that strengthed me to find the courage to come back. I've been to five other places for rehab. It's truly indescribable to compare how great it feels now to be back on track knowing that the Luna way totally works!

Male - alcoholic

I am the mother of two sons afflicted by heroin addiction. We have spent over \$500,000 for treatment before Luna Living helped my sons detox. Thank you for helping the entire family deal with the stress and anxiety we've experienced. You are a blessing.

Mother of two sons addicted to heroin

Our mission is to save lives by helping individuals and families embark on a journey of hope and lasting recovery.

www.lunaliving.org 440-703-0940



Luna Living

DETOX • REJUVENATE • TRANSFORM



Luna Living is a CARF accredited partial hospitalization and outpatient facility for substance use disorders and intensive outpatient mental health care.

OUTPATIENT DETOX (DAYS 1-10)

The journey to lasting sobriety begins with a medical examination including comprehensive laboratory screenings, urinalysis, hair analysis and other assessments designed to identify your specific needs. The 10-day detox involves the intravenous delivery of NAD+, a co-enzyme that lessens the symptoms of detox.

During detox you spend 6-10 hours per day in our comfortable care suites while receiving monitored doses of NAD+. You participate in individual therapy from master's level therapists with expertise in trauma, and cognitive behavior therapy. Family counseling begins.

Our therapeutic approaches include individual therapy, mindfulness meditation, hypnotherapy, art therapy, holographic memory resolution, and nutritional education. Family members and significant others are encouraged to participate.

OUTPATIENT EXTENDED CARE (DAYS 11-30)

After completing outpatient medical detox you transition to the extended care program. You return to the facility every other day for three weeks to receive Neurofeedback as well as participate in weekly individual therapy sessions.

AFTERCARE (DAYS 30-90)

A case manager is assigned to help you step down into a less intensive level of care that includes:

- weekly individual therapy sessions
- twice weekly Neurofeedback sessions



Typical care suite in our 6,600 ft² facility.

You will be connected to outside resources to ensure long lasting recovery. The Luna Living remission lifestyle plan may be used in combination with any 12-Step Program or 12-step Meeting.

ADMISSION, FEES AND INSURANCE

Contact our office for an initial phone assessment. A fee-based schedule will be discussed at that time. We bill most insurance companies. Payment is due at the time service is rendered. Financing is available through our lending partner MyTreatmentLender.com.

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